



Patient Information Leaflet: Cystoscopic Stent Removal

What is a Ureteric Stent?

A **ureteric stent** is a thin, flexible tube placed temporarily in the ureter (the tube connecting the kidney to the bladder). It helps urine drain from the kidney to the bladder when the ureter is blocked or healing — for example, after stone removal, surgery or infection.

Once the stent is no longer needed, it is removed during a short outpatient procedure.

What is Cystoscopic Stent Removal?

Stent removal is done using a **cystoscope** — a thin, flexible camera passed through the urethra (the tube you urinate through) into the bladder. The stent is gently grasped and withdrawn.

At The Forbury Clinic, stent removal is typically performed:

- Under **local anaesthetic gel**
 - **As a day-case** procedure
 - Taking only a few minutes
-

What to Expect on the Day

- You will lie comfortably on a treatment couch
 - Anaesthetic gel is applied to numb the urethra
 - A flexible cystoscope is gently inserted into the bladder
 - The stent is visualised and removed using a special grasping tool
 - You may feel mild pressure or the urge to urinate during the procedure
 - You can go home shortly afterwards
-

Will It Hurt?

Cystoscopic Stent Removal PIL

Created by S Hazar Version 1 Next Review Date: February 2029



Most people describe the procedure as uncomfortable but not painful. You may feel:

- A cold or tingling sensation when the anaesthetic gel is applied
- A brief urge to pass urine during the camera insertion
- A slight pulling sensation as the stent is removed

The process is quick, and any discomfort typically settles within minutes.

After the Procedure

It is normal to experience:

- A **burning feeling when passing urine** (usually for 24–48 hours)
 - **Slight blood in the urine** – this should settle with fluids
 - Feeling the need to urinate more frequently for a short time
-

How to Look After Yourself

- **Drink plenty of water** for the next 24–48 hours to flush the bladder
 - Avoid caffeine and alcohol until any stinging settles
 - Take simple pain relief such as paracetamol if needed
 - You can return to normal activities as soon as you feel comfortable
-

When to Contact the Clinic

Please contact us or seek medical attention if you experience:

- **Fever or chills**
- **Persistent or worsening pain** when passing urine
- **Heavy bleeding** in the urine
- **Difficulty or inability to urinate**

These could be signs of infection or bladder irritation needing treatment.



Will I Need a Follow-Up?

Your consultant will advise whether a follow-up appointment or further imaging is needed. In many cases, no further treatment is required after successful stent removal.

Questions or Concerns?

Our team is here to support you — before, during and after your procedure. If you have any questions or are unsure about anything, please don't hesitate to contact us.

 **The Forbury Clinic**
 0118 9207040